



Community Update

Week of August 21, 2020

Dear friends and neighbours of Haliburton County,

After more than a month of our region being in Stage 3 of the provincial re-opening framework, I want to take a moment to remind us all of the importance of staying alert to the risks posed by COVID-19.

First, I want to congratulate everyone on the precautionary measures you have taken so far. We have seen a relatively small number of COVID-19 positive cases in Haliburton County, and this is a direct result of your efforts to keep yourselves, your families, friends, and neighbours safe. Thank you for showing kindness and compassion to each other as you go about your daily lives, and for finding safe ways to enjoy the beauty of the Highlands this summer.

With fall on the horizon, it is more important than ever that we continue to follow the public health measures that have been put in place. This means continuing to physically distance from those not in your household or social bubble, wearing face masks when that distance cannot be maintained, frequent hand washing, staying home when you are feeling unwell, and seeking testing as soon as possible after possible exposure to the virus.

COVID-19 has not gone away. It continues to circulate in our region and, likely, in our community. After so many months of keeping up with these important public health measures, it is only natural that some of us will be feeling tired and worn-out with it all. If this is true for you, I encourage you to visit www.haliburtoncares.ca and access some of the many options available to support your mental health. You are not alone and you play an incredibly important role in keeping yourself and our community safe.

For our part, HHHS will continue to maintain strict infection prevention and control measures at all of our facilities. We will continue to operate in a state of readiness, so that we can respond quickly and safely if a surge of cases develops in the future. And we will continue to look for new ways to collaborate with our community partners in order to better protect our residents, patients, staff, family, and neighbours.

Thank you and take care,

A handwritten signature in black ink that reads 'Carolyn Plummer'.

Carolyn Plummer
President & CEO